

THE FIVE BEHAVIORS® PERSONAL DEVELOPMENT

This program focuses on making individuals better teammates using the team-development process described in Patrick Lencioni's best-selling book *The Five Dysfunctions of a Team*. Anchored in individual assessments based on the Everything DiSC® model, the Five Behaviors®—Personal Development helps individuals better understand and internalize the principles of the Five Behaviors and provides a common language that can be used in organizations. Because the program is designed specifically for individuals, learners do not need to be part of the same team.

LEARNERS WILL:

- Understand the Five Behaviors model and how it supports team success
- Explore individual tendencies for each of the five behaviors and how those tendencies affect the ability to work in a team setting
- Develop insights that will make them better team members

WHY THIS MATTERS:

As the workplace evolves, so do team dynamics. Now more than ever, individuals need specific skills to work effectively as part of a team. When individuals understand their personal tendencies in a team environment, they are better able to behave and contribute in a way that contributes to cohesiveness and achievement.

ASSESSMENT:

- The Five Behaviors® Personal Development Profile

DELIVERY OPTIONS:

In-Person or Live-Online: 4 hours

See also: The Five Behaviors® Team Development; Leading Teams

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