# Table of Contents

Table of Contents

- Introduction .................................................................................................................. 4
- Leadership Competency Focus Areas ......................................................................... 5
- Competency Focus Areas by Course ........................................................................... 6
- Course Summary by Length and Assessment ................................................................. 9
- Courses by Topic ........................................................................................................... 11
- Course Summaries ....................................................................................................... 13
- Course Descriptions .................................................................................................... 23
- Accountability at Work ................................................................................................. 24
- Building Effective Relationships with Emotional Intelligence .................................. 25
- Change Management .................................................................................................... 26
- Coaching for Leaders .................................................................................................... 27
- The Coaching Intensive ................................................................................................. 28
- Collaborating for Organizational Impact ...................................................................... 29
- Communicating with Impact ......................................................................................... 30
- Conflict Management .................................................................................................... 31
- Courageous Leadership .................................................................................................. 32
- Critical Thinking ........................................................................................................... 33
- Decision Making and Problem Solving .......................................................................... 34
- Delegating for Success ................................................................................................. 35
- Delegation and Accountability ....................................................................................... 36
- Effective Feedback ......................................................................................................... 37
- Emotional Intelligence ................................................................................................... 38
- Everything DiSC® Management ................................................................................... 39
- Everything DiSC® Productive Conflict ......................................................................... 40
- Everything DiSC® Sales ................................................................................................ 41
- Everything DiSC Work of Leaders® ............................................................................. 42
- Everything DiSC Work of Leaders® Foundation ............................................................ 43
- Everything DiSC Workplace® ...................................................................................... 44
- Everything DiSC Workplace® Certification ................................................................ 45
- Exercising Influence ...................................................................................................... 46
- The Five Behaviors of a Cohesive Team™ ................................................................. 47
<table>
<thead>
<tr>
<th>The Five Behaviors—Personal Development</th>
<th>48</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Great Workplace</td>
<td>49</td>
</tr>
<tr>
<td>Impactful Presentations</td>
<td>50</td>
</tr>
<tr>
<td>Inclusion in the Workplace</td>
<td>51</td>
</tr>
<tr>
<td>Interviewing with Confidence</td>
<td>52</td>
</tr>
<tr>
<td>The Leadership Challenge</td>
<td>53</td>
</tr>
<tr>
<td>Leading Across Generations</td>
<td>54</td>
</tr>
<tr>
<td>Leading in a Matrix</td>
<td>55</td>
</tr>
<tr>
<td>Leading Teams</td>
<td>56</td>
</tr>
<tr>
<td>Leading Virtual Teams</td>
<td>57</td>
</tr>
<tr>
<td>Making Better Decisions</td>
<td>58</td>
</tr>
<tr>
<td>Mindset for Leaders</td>
<td>59</td>
</tr>
<tr>
<td>Myers-Briggs Type Indicator® and Team Building</td>
<td>60</td>
</tr>
<tr>
<td>Performance Management</td>
<td>61</td>
</tr>
<tr>
<td>Teams and Trust</td>
<td>62</td>
</tr>
<tr>
<td>Time Mastery</td>
<td>63</td>
</tr>
<tr>
<td>Trust-Based Leadership</td>
<td>64</td>
</tr>
<tr>
<td>Understanding Cultures for Effective Communication</td>
<td>65</td>
</tr>
<tr>
<td>Women’s Leadership Program</td>
<td>66</td>
</tr>
</tbody>
</table>
Dion Leadership is known for our highly facilitative approach to training; we leverage poignant learning moments to maximize the learner's experience. Using our experience working with leaders, we developed courses focusing on areas that create the largest possible impact on business success.

We also created a model identifying six competencies that make leaders effective in their roles. You'll notice that we identify which of the six competencies each course addresses on the pages that follow.

You'll also find a few tools to help you determine the needs of your group. We included a Competency Diagnostic Tool, which asks questions to help you identify specific competencies to highlight. You'll also find a sample course curriculum based on role and a chart showing competency areas by course.

The catalog is organized by course information, course summaries, and course descriptions. The full course descriptions will give you a solid understanding of course objectives, benefits, and durations.
Dion Leadership has mapped each of our courses to one or more of six competency focus areas. Dion Leadership understands that leaders need to be proficient in all six of these competencies to ensure success in their roles. Analyzing the needs of your workforce through the framework of these competency areas will help you navigate this course catalog and select the right content for your learners.

1. Self-Awareness
   Understand yourself and how your behavior is perceived by others

2. Relating
   Work well with all individuals, up, across, and down the organizational chain through building strong, trust-based relationships

3. Thinking
   Critically think and solve problems required in your organization across functions and geographies

4. Working
   Efficiently and effectively manage workload for maximum results and personal balance

5. Leading
   Understand the important role of leadership and effectively lead others

6. Teaming
   Build cohesive, product teams
## Competency Focus Areas by Course

<table>
<thead>
<tr>
<th>Course</th>
<th>Self-Aware</th>
<th>Relating</th>
<th>Thinking</th>
<th>Working</th>
<th>Leading</th>
<th>Teaming</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accountability at Work</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Building Effective Relationships with Emotional Intelligence</td>
<td>❌</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td>❌</td>
</tr>
<tr>
<td>Change Management</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Coaching for Leaders</td>
<td>❌</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The Coaching Intensive</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Collaborating for Organizational Impact</td>
<td>❌</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td>❌</td>
</tr>
<tr>
<td>Communicating with Impact</td>
<td></td>
<td></td>
<td></td>
<td>❌</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Conflict Management</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td>❌</td>
<td></td>
</tr>
<tr>
<td>Courageous Leadership</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Critical Thinking</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>❌</td>
</tr>
<tr>
<td>Decision Making and Problem Solving</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Delegating for Success</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td>❌</td>
<td>❌</td>
</tr>
<tr>
<td>Delegation and Accountability</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td>❌</td>
<td>❌</td>
</tr>
<tr>
<td>Effective Feedback</td>
<td></td>
<td></td>
<td></td>
<td>❌</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emotional Intelligence</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>❌</td>
</tr>
<tr>
<td>Everything DiSC® Management</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>❌</td>
</tr>
<tr>
<td>Everything DiSC® Productive Conflict</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>❌</td>
</tr>
<tr>
<td>Everything DiSC® Sales</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Everything DiSC Work of Leaders®</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>❌</td>
</tr>
<tr>
<td>Everything DiSC Work of Leaders® Foundation</td>
<td>❌</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Course</td>
<td>Self-Aware</td>
<td>Relating</td>
<td>Thinking</td>
<td>Working</td>
<td>Leading</td>
<td>Teaming</td>
</tr>
<tr>
<td>---------------------------------------------</td>
<td>------------</td>
<td>----------</td>
<td>----------</td>
<td>---------</td>
<td>---------</td>
<td>---------</td>
</tr>
<tr>
<td>Everything DiSC Workplace®</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Everything DiSC Workplace® Certification</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Exercising Influence</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
<td></td>
<td>●</td>
</tr>
<tr>
<td>The Five Behaviors of a Cohesive Team™</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
<td>●</td>
<td></td>
</tr>
<tr>
<td>The Five Behaviors—Personal Development™</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
<td></td>
<td>●</td>
</tr>
<tr>
<td>The Great Workplace</td>
<td>●</td>
<td>●</td>
<td></td>
<td>●</td>
<td>●</td>
<td></td>
</tr>
<tr>
<td>Impactful Presentations</td>
<td>●</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>●</td>
</tr>
<tr>
<td>Inclusion in the Workplace</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
<td></td>
<td>●</td>
</tr>
<tr>
<td>Interviewing with Confidence</td>
<td>●</td>
<td></td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
</tr>
<tr>
<td>The Leadership Challenge</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Leading Across Generations</td>
<td>●</td>
<td></td>
<td></td>
<td></td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Leading in a Matrix</td>
<td>●</td>
<td>●</td>
<td></td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Leading Teams</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Leading Virtual Teams</td>
<td>●</td>
<td></td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Making Better Decisions</td>
<td>●</td>
<td></td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Mindset for Leaders</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
<td>●</td>
</tr>
<tr>
<td>Myers-Briggs Type Indicator® and Team Building</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
<td></td>
<td>●</td>
</tr>
<tr>
<td>Performance Management</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Teams and Trust</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td></td>
</tr>
<tr>
<td>Time Mastery</td>
<td>●</td>
<td></td>
<td></td>
<td>●</td>
<td>●</td>
<td></td>
</tr>
</tbody>
</table>
COMPETENCY FOCUS AREAS BY COURSE CONT’D

<table>
<thead>
<tr>
<th>Course</th>
<th>Self-Aware</th>
<th>Relating</th>
<th>Thinking</th>
<th>Working</th>
<th>Leading</th>
<th>Teaming</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trust-Based Leadership</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Understanding Cultures for Effective</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
<td></td>
<td>●</td>
</tr>
<tr>
<td>Communication</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
# Course Summary by Length and Assessment

<table>
<thead>
<tr>
<th>Course</th>
<th>Standard Length</th>
<th>Assessment Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accountability at Work</td>
<td>Half day</td>
<td>Self-assessment</td>
</tr>
<tr>
<td>Building Effective Relationships with Emotional Intell.</td>
<td>Full day</td>
<td>TalentSmart Emotional Intelligence Appraisal</td>
</tr>
<tr>
<td>Change Management</td>
<td>Full/half day</td>
<td>Change Style Indicator</td>
</tr>
<tr>
<td>Coaching for Leaders</td>
<td>Half day</td>
<td>None</td>
</tr>
<tr>
<td>The Coaching Intensive</td>
<td>6 days</td>
<td>CCL 360&lt;br&gt;Everything DiSC Workplace® Profile&lt;br&gt;Thomas Kilmann Conflict Mode Instrument&lt;br&gt;TalentSmart Emotional Intelligence Appraisal&lt;br&gt;MGR Individual Directions Inventory</td>
</tr>
<tr>
<td>Collaborating for Organizational Impact</td>
<td>Half day</td>
<td>None</td>
</tr>
<tr>
<td>Communicating with Impact</td>
<td>Full day</td>
<td>None</td>
</tr>
<tr>
<td>Conflict Management</td>
<td>Full/half day</td>
<td>Thomas-Kilmann Conflict Mode Instrument</td>
</tr>
<tr>
<td>Courageous Leadership</td>
<td>Half day</td>
<td>None</td>
</tr>
<tr>
<td>Critical Thinking</td>
<td>Full/half day</td>
<td>Decision Style Profile</td>
</tr>
<tr>
<td>Decision Making and Problem Solving</td>
<td>Half day</td>
<td>Decision Style Profile</td>
</tr>
<tr>
<td>Delegating for Success</td>
<td>Half day</td>
<td>Self-assessment</td>
</tr>
<tr>
<td>Delegation and Accountability</td>
<td>Half day</td>
<td>Self-assessment</td>
</tr>
<tr>
<td>Effective Feedback</td>
<td>Full/half day</td>
<td>None</td>
</tr>
<tr>
<td>Emotional Intelligence</td>
<td>Half day</td>
<td>TalentSmart Emotional Intelligence Appraisal</td>
</tr>
<tr>
<td>Everything DiSC® Management</td>
<td>Full day</td>
<td>Everything DiSC® Management Profile</td>
</tr>
<tr>
<td>Everything DiSC® Productive Conflict</td>
<td>Half day</td>
<td>Everything DiSC® Productive Conflict Profile</td>
</tr>
<tr>
<td>Everything DiSC® Sales</td>
<td>Full day</td>
<td>Everything DiSC® Sales Profile</td>
</tr>
<tr>
<td>Everything DiSC Work of Leaders®</td>
<td>Four days</td>
<td>Everything DiSC Work of Leaders® Profile</td>
</tr>
<tr>
<td>Everything DiSC Work of Leaders® Foundation</td>
<td>Full day</td>
<td>Everything DiSC Work of Leaders® Profile</td>
</tr>
<tr>
<td>Everything DiSC Workplace®</td>
<td>Half day</td>
<td>Everything DiSC Workplace® Profile</td>
</tr>
</tbody>
</table>
## Course Summary by Length and Assessment (Cont’d)

<table>
<thead>
<tr>
<th>Course</th>
<th>Standard Length</th>
<th>Assessment Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Everything DiSC Workplace® Certification</td>
<td>Full day</td>
<td>Everything DiSC Workplace® Profile</td>
</tr>
<tr>
<td>Exercising Influence</td>
<td>Full/half day</td>
<td>Influence Style Indicator</td>
</tr>
<tr>
<td>The Five Behaviors of a Cohesive Team™</td>
<td>Two days</td>
<td>The Five Behaviors of a Cohesive Team™ Assessment</td>
</tr>
<tr>
<td>The Five Behaviors—Personal Development</td>
<td>Half day</td>
<td>The Five Behaviors—Personal Development Assessment</td>
</tr>
<tr>
<td>The Great Workplace</td>
<td>Full day</td>
<td>The Great Workplace Self-Assessment available in paper or online</td>
</tr>
<tr>
<td>Impactful Presentations</td>
<td>Full day</td>
<td>None</td>
</tr>
<tr>
<td>Inclusion in the Workplace</td>
<td>Full/half day</td>
<td>None</td>
</tr>
<tr>
<td>Interviewing with Confidence</td>
<td>Half day</td>
<td>None</td>
</tr>
<tr>
<td>The Leadership Challenge</td>
<td>Two days</td>
<td>Leadership Practices Inventory: Self and Observers LPI 360 (online; includes self-assessment and unlimited observer assessments)</td>
</tr>
<tr>
<td>Leading Across Generations</td>
<td>Full day</td>
<td>Self-assessment</td>
</tr>
<tr>
<td>Leading in a Matrix</td>
<td>Half day</td>
<td>None</td>
</tr>
<tr>
<td>Leading Teams</td>
<td>Half day</td>
<td>Self-assessment</td>
</tr>
<tr>
<td>Leading Virtual Teams</td>
<td>Full/half day</td>
<td>Self-assessment</td>
</tr>
<tr>
<td>Making Better Decisions</td>
<td>2 hours</td>
<td>Decision Style Profile</td>
</tr>
<tr>
<td>Mindset for Leaders</td>
<td>1.5 days</td>
<td>None</td>
</tr>
<tr>
<td>Myers-Briggs Type Indicator® and Team Building</td>
<td>Full day</td>
<td>Myers-Briggs Type Indicator® Instrument Introduction to Type Booklet</td>
</tr>
<tr>
<td>Performance Management</td>
<td>Full/half day</td>
<td>Self-assessment</td>
</tr>
<tr>
<td>Teams and Trust</td>
<td>Full day</td>
<td>Trust Quotient Assessment</td>
</tr>
<tr>
<td>Time Mastery</td>
<td>Full day</td>
<td>Time Mastery Profile®</td>
</tr>
<tr>
<td>Trust-Based Leadership</td>
<td>Full day</td>
<td>Trust Quotient Assessment</td>
</tr>
<tr>
<td>Understanding Cultures for Effective Communication</td>
<td>Full day</td>
<td>Self-assessment</td>
</tr>
<tr>
<td>Women’s Leadership Program</td>
<td>Three days</td>
<td>CCL 360 Everything DiSC Productive Conflict</td>
</tr>
</tbody>
</table>
COURSES BY TOPIC

ACCOUNTABILITY
Accountability at Work
Delegation and Accountability
The Five Behaviors of a Cohesive Team
The Five Behaviors—Personal Development
Performance Management

ALIGNMENT
Everything DiSC Work of Leaders
Everything DiSC Work of Leaders
Foundation
Five Behaviors of a Cohesive Team

MANAGEMENT
Change Management

COACHING
Coaching for Leaders
The Coaching Intensive

COLLABORATION
Collaborating for Organizational Impact

COMMUNICATION
Communicating with Impact
Impactful Presentations
Understanding Cultures for Effective Communication

CONFLICT
Building Effective Relationships with Emotional Intelligence
Conflict Management
Everything DiSC Productive Conflict
The Five Behaviors of a Cohesive Team
The Five Behaviors—Personal Development

CRITICAL THINKING
Critical Thinking
Decision Making and Problem Solving
Making Better Decisions

DECISION MAKING
Critical Thinking
Decision Making and Problem Solving
Making Better Decisions

DELEGATION
Delegating for Success
Delegation and Accountability

DIVERSITY AND INCLUSION
Inclusion in the Workplace
Leading Across Generations
Understanding Cultures for Effective Communication

EMOTIONAL INTELLIGENCE
Building Effective Relationships with Emotional Intelligence
Emotional Intelligence

FEEDBACK
Effective Feedback

GOAL SETTING
Performance Management

INFLUENCE
Building Effective Relationships with Emotional Intelligence
Exercising Influence

INTERVIEWING SKILLS
Interviewing with Confidence

LEADERSHIP
Courageous Leadership
Everything DiSC Work of Leaders
The Great Workplace
The Leadership Challenge
Mindset for Leaders
Women's Leadership Program
COURSES BY TOPIC CONT’D

MATRIX ORGANIZATIONS
Collaborating for Organizational Impact
Leading in a Matrix

PERFORMANCE MANAGEMENT
Accountability at Work
Delegating for Success
Delegation and Accountability
Coaching for Leaders
The Coaching Intensive
Effective Feedback
Performance Management

PERSONAL STYLE
Everything DiSC Management
Everything DiSC Productive Conflict
Everything DiSC Sales
Everything DiSC Workplace
Myers-Briggs Type Indicator® and Team Building

PRESENTATION SKILLS
Impactful Presentations

PROBLEM SOLVING
Critical Thinking
Decision Making and Problem Solving
Making Better Decisions

RELATIONSHIPS
Building Effective Relationships with Emotional Intelligence
Emotional Intelligence
Everything DiSC Workplace
Everything DiSC Management
Everything DiSC Sales
Inclusion in the Workplace
Teams and Trust
The Trust Quotient

REMOTE TEAMS
Leading Virtual Teams

STRATEGIC LEADERSHIP
Everything DiSC Work of Leaders
Everything DiSC Work of Leaders Foundation
Critical Thinking

TEAM DYNAMICS
The Five Behaviors of a Cohesive Team
The Five Behaviors—Personal Development
Inclusion in the Workplace
Myers-Briggs Type Indicator® and Team Building
Teams and Trust

TEAM LEADERSHIP
Everything DiSC Work of Leaders
Everything DiSC Work of Leaders Foundation
The Great Workplace
The Leadership Challenge
Leading Teams
Leading Across Generations
Leading Virtual Teams
Mindset for Leaders

TIME MANAGEMENT
Time Mastery
Critical Thinking
Making Better Decisions

TRUST
The Five Behaviors of a Cohesive Team
The Five Behaviors—Personal Development
The Great Workplace
Teams and Trust
Trust-Based Leadership

VISION
Everything DiSC Work of Leaders
Everything DiSC Work of Leaders Foundation

UNCONSCIOUS BIAS
Inclusion in the Workplace
Performance Management
COURSE SUMMARIES

Accountability at Work
A key element of performance management involves holding employees accountable for results. Effective leaders expect accountability in all aspects of employee performance, from day-to-day actions and decisions to the achievement of long-term goals. In this course, participants will examine their current attitudes toward and approaches to accountability, beginning with their ability to model it. They will also explore the dynamics of accountability and learn the behaviors and practices that set the foundation for a culture of accountability on a team or in an organization.

Building Effective Relationships with Emotional Intelligence
The quality of a leader’s relationships with direct reports, colleagues, and customers is directly tied to success. This course explores how understanding emotional intelligence can help build professional relationships that are positive, productive, and effective. Emotional intelligence is made up of two main skills: personal competence, which is the ability to recognize and manage your own feelings; and social competence, which is the ability to manage your interactions by recognizing and responding to others’ feelings and behavior. Mastering both competencies is key to building effective relationships overall and underpins other leadership skills. This course also explores two of those skills—exercising influence and managing conflict—in the context of emotional intelligence.

Change Management
The ability to change is key to survival. Change is in every new project, every new customer, and every improvement in products or services. This course teaches the skills that individuals need to navigate and lead others through times of change. Participants will take the Change Style Indicator assessment to learn their personal change readiness style. They will also learn reasons people resist change and explore the stages people go through when moving through change. Finally, participants will learn techniques to secure commitment for change when leading a project or a team. The full-day version of this course includes a business simulation that provides an opportunity to apply change management skills.

Coaching for Leaders
A key responsibility of an experienced leader is to contribute to the professional growth of others. Dion Leadership’s Coaching for Leaders program readies leaders to demonstrate the skills, ideals, and best practices needed to serve their colleagues in a coaching role. The concepts of mindset, trust, and presence are examined in the context of the Dion Leadership Coaching Process, as participants have the opportunity to practice key communication techniques and engage in self-reflection. Proven techniques for coaching challenging people are also discussed.
The Coaching Intensive
Dion Leadership’s Coaching Intensive is a comprehensive, integrated approach to preparing leaders as coaches within their organizations. This six-part workshop series combines assessments, individual coaching, self-study and reflection, and coaching practice. Participants gain critical knowledge, insights, and skills that align with the competencies of the International Coach Federation (ICF). Learning topics include the Dion Leadership Coaching Model, mindset, presence, powerful questioning, mindfulness, personal style, emotional intelligence, ethics, trust, communication, conflict management, change management, goal setting, accountability, and commitment to the coaching relationship.

Collaborating for Organizational Impact
An increasingly complex and global workplace demands a more sophisticated approach to collaboration in order to achieve success. As organizations look to move from traditional structures to new delivery models, from fixed mindsets to a focus on growth and possibility, and from variability to consistency, the ability to collaborate between individuals, teams, and functions is critical. This program explores collaboration in an environment where goals, resources, and responsibilities may align or compete. Our proprietary model presents collaboration as a process, noting how it differs from cooperation and consensus and emphasizing the necessary skills. Participants will have an opportunity to practice new skills using business scenarios and plan for application when they return to the workplace.

Communicating with Impact
As George Bernard Shaw famously said, “The single biggest problem in communication is the illusion that it has taken place.” We spend our workday exchanging messages with our colleagues and customers through words that are spoken and written as well as through our behaviors, often without giving these a second thought. However, communication is a complex process that is essential to the success of individuals, teams, and organizations. The ability to communicate in a way that is effective, concise, and appropriate is crucial at all levels of an organization, and thus it is a critical skill to examine and develop. Communicating with Impact combines the theoretical with the practical to present communication as an essential business tool that builds relationships, increases productivity, and underpins results when done effectively.

Conflict Management
Every person faces conflict at work. When left unmanaged, conflict creates undue stress on the individual and a loss of productivity in the organization. What makes conflict negative or positive is the way in which it is handled. This course describes five styles of conflict and how to best use each mode based on the situation, and it informs participants of their own natural conflict mode. Participants will also apply Dion Leadership’s Healthy Conflict Model and learn practical tools to help them manage conflict in their own lives.
Courageous Leadership
Today’s complex business challenges frequently require leaders to act with courage. This program helps participants define and understand the importance of courage in a leadership context. Participants will explore the factors that enable or limit a leader’s ability to demonstrate courage in general and in the culture of their organization. They will reflect on their own mindset and behaviors and identify opportunities to break out of their “comfort zone” and act with greater courage in the workplace. The learning experience includes an opportunity for practice and concludes with action planning and personal commitment.

Critical Thinking
Leadership surveys across a range of industries and disciplines consistently identify the ability to think critically as essential to success. Critical thinking underpins a range of responsibilities and actions that leaders take on every day, such as decision making, problem solving, strategic planning, innovating, and managing risk. As jobs and professional relationships are increasingly complex, and interconnectivity among departments means that even small decisions can have big impact, critical thinking skills are a key to both individual and organizational effectiveness.

Decision Making and Problem Solving
This program teaches a systematic approach to making decisions and solving problems in the workplace. Participants will consider the qualities and tendencies of effective decision makers and problem solvers, both according to research and based on their own personal experience. Participants will also examine various decision styles and reflect on the effectiveness of their own preferred styles. Straightforward models and time-tested problem-solving tools are reviewed and applied to both case studies and personal situations.

Delegating for Success
Every leader faces the challenge of achieving results through others. The ability to effectively delegate tasks and responsibilities is a key part of meeting that challenge. In this course, participants will examine their current attitudes toward and approaches to delegation. They will learn a process for delegating tasks and responsibilities that positions employees for success, and they will practice utilizing that process in a real-work situation. They will also explore the dynamics of accountability and learn the behaviors and practices that set the foundation for a culture of accountability on a team or in an organization.

Delegation and Accountability
The ability to delegate tasks and responsibilities to employees and hold them accountable for results is central to any leadership role. In both the classroom-based and virtual versions of this program, participants will examine practical, thoughtful approaches that promote effectiveness in both of these elements of managing performance. Self-assessments, individual reflection, group discussion, and scenario work are used to engage learners and build skills.
Effective Feedback
The practice of giving and receiving feedback often and well is of considerable benefit to both the individual and the organization. Despite its importance, the feedback process is often seen as daunting and potentially uncomfortable. This course addresses the apprehensions and motivations associated with feedback and presents the feedback process as invaluable, rewarding, and critical to cultivating a healthy workplace culture. It emphasizes the skills and best practices that promote a productive feedback experience, and it uses communication models and techniques that participants can use to plan and engage in their own feedback conversations.

Emotional Intelligence
Although the range of competencies that define an effective leader is broad and varied, at the core is emotional intelligence. Emotional intelligence is the ability to recognize and manage your feelings and respond to the feelings and behaviors of others. This course explores how the elements of emotional intelligence—self-awareness, self-management, social awareness, and relationship management—are demonstrated in the workplace and how those competencies can be practiced and developed to increase a leader’s effectiveness.

Everything DiSC® Management
Everything DiSC® Management teaches participants to learn how to read the styles of the people they manage. The result is managers who adapt their styles to manage more effectively. This course focuses on your DiSC Management Style, directing and delegating, motivation, developing others, and working with your manager.

Everything DiSC® Productive Conflict
Everything DiSC® Productive Conflict teaches participants about their personal conflict management styles so that they can approach conflict situations in a productive way. Participants increase their self-awareness regarding productive and destructive conflict behaviors and learn how to effectively respond to conflict in the workplace. Dion Leadership’s full-day Productive Conflict course combines the DiSC content with a conflict model that breaks down a healthy conflict conversation and allows for planning, practice, and feedback.

Everything DiSC® Sales
Everything DiSC® Sales teaches participants to learn how to read the styles of their customers. The result is salespeople who adapt their styles to connect better—and close more sales. This course focuses on three vital areas: Understanding your DiSC Sales Style, recognizing and understanding customer buying styles, and adapting your sales style to your customer’s buying style.
Everything DiSC Work of Leaders®

Everything DiSC Work of Leaders® is an integrated leadership program that focuses on building understanding, self-awareness, and skills to assist leaders in effectively leading a group or organization to achieve business outcomes. Based on the book *The Work of Leaders* by Julie Straw, Mark Scullard, Barry Davis, and Susie Kukkonen, this program uses best-practice research to teach the process most effective leaders follow. The program gives participants a fundamental language and clear framework for leading and supports behavioral change through teaching the skill sets required to increase business performance. This program focuses on the fundamental work of leaders: the process of creating a Vision, building Alignment around that vision, and championing Execution of the vision.

Everything DiSC Work of Leaders® Foundation

Based on the book *The Work of Leaders* by Julie Straw, Mark Scullard, Barry Davis, and Susie Kukkonen, Everything DiSC Work of Leaders approaches leadership as a one-to-many relationship, and focuses on tangible steps directed at leading a group or organization toward desired outcomes. Using the framework of Vision, Alignment, and Execution, Work of Leaders encourages leaders to understand their own leadership behaviors and how they impact their effectiveness. A rich, compelling narrative adds depth to the data and strong visuals support the learning process by illustrating key messages.

Everything DiSC® Workplace®

Everything DiSC Workplace® can be used with everyone in an organization, regardless of title or role, to improve the quality of the workplace. Using online pre-work, engaging facilitation with contemporary video, and online follow-up, the result is a personalized learning experience. Participants understand and appreciate the styles of the people they work with. The result is more effective and productive working relationships.

Everything DiSC® Workplace Certification

This program provides facilitators and coaches with the skills they need to competently and confidently deliver the Everything DiSC Workplace program. Whether they utilize Everything DiSC Workplace in the classroom or as part of a one on-one coaching session, facilitators at all levels have much to gain from becoming certified in the program. The certification workshop combines online prework with classroom learning to prepare participants to administer and discuss DiSC results with individuals and teams.

Exercising Influence

The ability to influence others is an essential skill for both established and emerging leaders in the workplace. This program explores two primary influence orientations and five unique influencing styles that allow leaders to make connections, gain buy-in and support, promote ideas, maximize opportunities for collaboration and cooperation, and get results. Participants use the Influence Style Indicator assessment to determine which of these styles is most dominant for them, which are preferred, and which are underutilized, all of which is summarized in a personalized feedback report.
**The Five Behaviors of a Cohesive Team™**

Through the use of activity, video review, and discussion, an intact team is led through the powerful Five Behaviors of a Cohesive Team™ model, learning and practicing the behaviors that will make the team more cohesive and improve its performance. This workshop improves participants’ abilities to apply The Five Fundamentals, which build on one another to create a strong team: building trust, mastering conflict, achieving commitment, embracing accountability, and focusing on results.

**The Five Behaviors—Personal Development**

This program focuses on making individuals better teammates using the team-development process described in Patrick Lencioni’s best-selling book *The Dysfunctions of a Team*. Anchored in individual assessments based on the Everything DISC model, The Five Behaviors—Personal Development helps individuals better understand and internalize the principles of The Five Behaviors of a Cohesive Team and provides a common language that can be used in organizations. Through individual work, video review, and group discussion, participants build a level of self-awareness and skill that will enhance their personal effectiveness as team members.

**The Great Workplace**

Based on many years of research and training conducted at the Great Place to Work® Institute—producers of the FORTUNE 100 Best Companies to Work For® Annual List—The Great Workplace: Building Trust and Inspiring Performance Workshop provides managers with a set of powerful, effective exercises that will help them understand the conceptual and practical considerations of creating a high-trust work environment.

**Impactful Presentations**

Whether giving a presentation is an occasional task or a routine responsibility, leaders are expected to shine while informing, educating, or making a case in front of an audience. Presentation skills increase a leader’s influence. This course teaches participants how to develop and deliver a presentation that is impactful and compelling, no matter its purpose. Participants will learn how to plan and organize a presentation and apply best practices for engaging an audience, utilizing visuals, maintaining an appropriate energy level, and making a call to action.

**Inclusion in the Workplace**

Inclusion has become a priority for many organizations, for good reason: companies that adopt inclusive practices outperform those who do not. Inclusion means actively involving every employee’s ideas, knowledge, perspectives, approaches, and styles to maximize individual and business success. Dion Leadership’s program allows participants to explore inclusion as an important element of organizational success, and to review the characteristics and best practices of inclusive leaders and organizations. Participants discuss the impact of unconscious bias on behavior and learn ways to mitigate its effects. Finally, participants leave with an action plan for increasing their own effectiveness as inclusive leaders.
**Interviewing with Confidence**
In any organization, selecting the right person for the right job is a challenge. Successfully meeting that challenge helps your organization keep turnover low, keep morale high, and achieve results. Leaders can take the first step in that direction by conducting candidate interviews effectively and with confidence. This class teaches participants how to assess the competencies necessary to be successful in a job and how to ask appropriate, targeted interview questions that elicit meaningful responses.

**The Leadership Challenge**
Based on the bestselling and award-winning book *The Leadership Challenge* by James M. Kouzes and Barry Z. Posner, this workshop demystifies leadership development and approaches it as a measurable, learnable, and teachable set of behaviors. It establishes a unique underlying philosophy that leadership is everyone’s business.

**Leading Across Generations**
In today’s workplace, it is common to find four generations represented in the employee population. This multigenerational environment presents both challenges and opportunities for managers as they work to keep all employees engaged, motivated, and performing at a high level. Managing Across Generations explores the typical behaviors, work habits, values, cultural expectations and other preferences employees of all ages bring to their professions. This affects how they communicate, interact, and learn both as individuals and in teams. This program shows managers how to move beyond stereotypes and labels to cultivate a dynamic of inclusiveness and respect for the strengths that workers from all generations bring to the organization.

**Leading in a Matrix**
Leading in a matrix organization presents unique demands and challenges. Without effective leadership in this highly complex environment, the competition for resources and a lack of role clarity can jeopardize accountability and trust. Success in a matrix requires particular attention to certain key skills, including collaboration, decision making, conflict resolution, communication, influence, and performance management, often applied in new ways. In this program, participants will explore the matrix structure, its function and importance, and its impact on how individuals work and how leaders get results.

**Leading Teams**
Dion Leadership’s Leading Teams program presents a foundation for success upon which a leader can develop a personal leadership style. Based on the powerful Five Behaviors of a Cohesive Team™ model, this course will position leaders to focus on and foster the behaviors that will make the team more cohesive and improve its performance. Participants will learn the role of a team leader in enabling their team to build trust, master conflict, achieve commitment, embrace accountability, and focus on results. This unique take on the Five Behaviors model presents strategies and practices that support a leader’s efforts to build these behaviors and allows for reflection and planning according to each participant’s needs.
Leading Virtual Teams
Leading Virtual Teams addresses the challenges and opportunities presented to managers, teams, and organizations when direct reports and other colleagues are spread across disparate work locations. Participants will learn to leverage the dynamics and characteristics of high-performing teams in the context of remote-worker situations. The course considers a range of factors, including culture, company policies, and leadership styles and preferences, and incorporates situational and scenario-based learning activities that allow participants to apply best practices. Participants will leave the course with an action plan they can apply immediately to improve their effectiveness by optimizing team relationships and the productivity of all workers, whether they are in the next cube, the next county, or the next time zone.

Making Better Decisions
The health and success of any organization depends on the ability of its leaders and managers to make sound, impactful, confident decisions. This program supports this critical skill by presenting a system to guide the decision-making process. Participants get a view of their current skills and preferences through the Decision Style Profile, a management assessment tool that provides guidance on how to choose the most effective and appropriate decision-making styles for given situations. The assessment evaluates the appropriateness with which respondents include others in the decision-making process and the extent to which respondents consider five critical decision factors in their decision process. A personalized report compares the participant’s chosen decision-making styles to the most appropriate styles.

Mindset for Leaders
Mindset is a critical element of a leader’s success. Skill building only translates to behavior change when filtered through a healthy mindset. It determines the way we think about, approach, and interpret situations in the workplace and directly influences the quality of our actions, decisions, and relationships. Cultivating a mindset that enhances effectiveness and enables success must be a priority for any genuine leader. This course enables participants to examine the leadership mindset as a concept (e.g., fixed vs. growth), as a manifestation of their personal values and experiences, and as the product of organizational culture. Participants also consider the impact of their mindset as a leader on individuals and the organization, and they conclude by crafting a galvanizing, powerful, and personal mindset statement.
Myers-Briggs Type Indicator® and Team Building

The Myers-Briggs Type Indicator® (MBTI) is a nonjudgmental instrument that helps individuals and teams to understand themselves and others in a way that is value-oriented versus evaluative. MBTI provides an indication of preferences. The preferences refer to gathering energy or processing thoughts; being detail-oriented versus big-picture-focused in gathering information; being objective or subjective in decision making; and being structured or go-with-the-flow in orienting one’s lifestyle. In this course, participants will complete a 95-question instrument and identify a four-letter MBTI type. Participants will increase their awareness of how their preferences and others’ preferences influence their daily behaviors.

Performance Management

In this full-day course, participants will learn what effective performance management looks like in the modern workplace and why it’s necessary for setting their employees up for success. Using Dion Leadership’s SOAP model, participants will take a deep dive into the four steps in executing an impactful performance-management process. Participants will learn how to set and align goals, observe behavior to get results, assess and evaluate performance, and provide feedback and establish next steps. This course also emphasizes the skills and best practices that promote a productive feedback experience and uses a simple model and actionable techniques that participants can use to plan and engage in successful feedback conversations as part of their performance-management process.

Teams and Trust

Dion Leadership’s Teams and Trust course combines the framework of Peter Lencioni’s Five Behaviors of a Cohesive Team™ model with the teachings of Charlie Green, the author of three best-selling books about trust. Lencioni emphasizes trust as the first and foundational of the Five Behaviors; Green’s research, as outlined in Trust-Based Selling and The Trusted Advisor, examines trust as a fundamental element of the manager/employee relationship. The course includes a detailed self-assessment used as a diagnostic tool for leaders to understand their natural styles and how they align with the critical behaviors that build trust. It also prepares leaders to build upon trust to facilitate other key team behaviors.

Time Mastery

This workshop teaches skills and strategies for efficiently managing time and organizing work. Strategies include planning, note-taking, prioritizing, scheduling, responding when the day doesn’t go as planned, organizing the desk, and handling paper documents and e-mail messages. The Time Mastery Profile® completed during the workshop will assess time mastery in twelve dimensions. Improving time-management capabilities often requires a change in habits. Participants will identify the habits that need changing and develop an action plan based on the lessons learned in the session.
Trust-Based Leadership

Trust-Based Leadership is a comprehensive, one-day workshop designed for frontline and middle managers in leadership positions. This program was created by one of the most influential writers and researchers on trust, Charlie Green. Charlie has written three best-selling books about trust, including *Trust-Based Selling* and *The Trusted Advisor*. His latest research applies trust to the manager/employee relationship. The course includes a detailed self-assessment used as a diagnostic tool for leaders to understand their natural styles and how they align with the key behaviors that build trust.

Understanding Cultures for Effective Communication

As the world flattens and our multicultural workplaces expand, cultural competence is one of the most valuable business skills we can acquire. Culture underpins how individuals present themselves in the workplace, and knowledge of culture is critical to improving communication and relationships among our colleagues and customers. This program provides a basic understanding of culture and the specific behaviors that culture affects, particularly in a business setting. Participants will be introduced to the characteristics, values, and behaviors of high-context vs. low-context cultures and have the opportunity to practice navigating communication situations with each of these groups. Participants will also learn and apply best practices for effective cross-cultural communication, identify barriers to cross-cultural communication, and reflect on their personal cultural characteristics as well as those of their organization.

Women’s Leadership Program

Dion Leadership’s Women’s Leadership Program is a multifaceted, cohort-based learning experience that provides targeted opportunities for personal discovery, skill development, and relationship building. Participants gain deep and meaningful insight into their personal effectiveness through 360 feedback, which provides a foundation for creating actionable development goals. Discussions of gender differences in the workplace and modules on conflict, influence, accountability, and courageous leadership provide challenging perspective and build essential skills. Participants will also learn strategies for growing their professional networks and practice methods of self-care and mindfulness. Personal development planning is supported beyond the session with opportunities for individual coaching.
The remainder of this catalog presents a one-page course description for each course. These descriptions contain course overviews and objectives, outline the benefits to taking the course, identify assessments taken (if applicable), provide video information, and indicate course length.

Each course supports one or more of our six leadership competencies:

- Self-Awareness
- Relating
- Thinking
- Working
- Leading
- Teaming

Included in our course descriptions are tables indicating which competencies are supported. You'll find this information helpful in determining which courses to select once you've completed our Competency Diagnostic tool.
ACCOUNTABILITY AT WORK

A key element of performance management involves holding employees accountable for results. Effective leaders expect accountability in all aspects of employee performance, from day-to-day actions and decisions to the achievement of long-term goals. In this course, participants will examine their current attitudes toward and approaches to accountability, beginning with their ability to model it. They will also explore the dynamics of accountability and learn the behaviors and practices that set the foundation for a culture of accountability on a team or in an organization.

Objectives

- Discuss the importance of accountability to the success of the individual, team, and organization
- Explore the accountability/victim dynamic and the effect of intrinsic and extrinsic factors that affect accountability
- Discuss accountability from the perspective of a leader and an employee
- Review best practices for creating a culture of accountability on a team
- Create action plans to improve skills and practices for building accountability

Benefits

- Approach emphasizes participants’ role in modeling and demonstrating accountability, improving their personal performance
- Applied learnings increase leader effectiveness in assessing and managing performance
- Both individual and organizational performance are enhanced when accountability leads to the achievement of goals and objectives

Assessment

Self-assessment (In participant guide)

Format

Classroom-based: Half day
Virtual: 2 hours (one 2-hour module)
BUILDING EFFECTIVE RELATIONSHIPS WITH EMOTIONAL INTELLIGENCE

The quality of a leader’s relationships with direct reports, colleagues, and customers is directly tied to success. This course explores how understanding emotional intelligence can help build professional relationships that are positive, productive, and effective. Emotional intelligence is made up of two main skills: personal competence, which is the ability to recognize and manage your own feelings; and social competence, which is the ability to manage your interactions by recognizing and responding to others’ feelings and behavior. Mastering both competencies is key to building effective relationships overall and underpins other leadership skills. This course also explores two of those skills—exercising influence and managing conflict—in the context of emotional intelligence.

Objectives

- Understand the role of emotional intelligence in the workplace
- Understand how to manage your emotions and those of others
- Explore elements of exercising influence
- Discuss different styles of managing conflict
- Explore and apply an approach to address conflict

Benefits

- Techniques and strategies provide a range of ways to understand individual feelings and increase perception of the feelings of others
- Focus on influence and conflict management allow an exploration of EQ in practical application

Assessment

TalentSmart Emotional Intelligence Appraisal

Format

Classroom-based: Full day

See Also

Emotional Intelligence
CHANGE MANAGEMENT

The ability to change is key to survival. Change is in every new project, every new customer, and every improvement in products or services. This course teaches the skills that individuals need to navigate and lead others through times of change. Participants will take the Change Style Indicator assessment to learn their personal change readiness style. They will also learn reasons people resist change and explore the stages people go through when moving through change. Finally, participants will learn techniques to secure commitment for change when leading a project or a team. The full-day version of this course includes a business simulation that provides an opportunity to apply change management skills.

Objectives

- Understand why people resist change
- Explore the stages people typically go through to truly adopt a change
- Gain insight into your own change style
- Explore change style perceptions
- Learn techniques to gain commitment for change when leading a project
- Discuss tools useful in managing the people side of change

Benefits

- Approach explores self-awareness regarding change readiness
- Techniques address ways to handle resistance to change
- Tools enable the successful management of the people side of change

Assessment

Change Style Indicator®

Format

Classroom-based: Full day or half day
Virtual: 4 hours (two 2-hour modules)
COACHING FOR LEADERS

A key responsibility of an experienced leader is to contribute to the professional growth of others. Dion Leadership’s Coaching for Leaders program readies leaders to demonstrate the skills, ideals, and best practices needed to serve their colleagues in a coaching role. The concepts of mindset, trust, and presence are examined in the context of the Dion Leadership Coaching Process, as participants have the opportunity to practice key communication techniques and engage in self-reflection. Proven techniques for coaching challenging people are also discussed.

Objectives

- Define coaching and its role in a professional environment
- Compare and contrast coaching and mentoring
- Discuss the coaching mindset
- Explore active listening and powerful questioning as key coaching skills
- Enable reflection and identification of coaching skills to be developed

Benefits

- Targeted skill-building enables and reinforces the development of critical coaching competencies
- Approach supports participants’ ability to both model and coach critical leadership skills

Format

Classroom-based: Full day or half day

See Also

The Coaching Intensive
THE COACHING INTENSIVE

Dion Leadership's Coaching Intensive is a comprehensive, integrated approach to preparing leaders as coaches within their organizations. This six-part workshop series combines assessments, individual coaching, self-study and reflection, and coaching practice. Participants gain critical knowledge, insights, and skills that align with the competencies of the International Coach Federation (ICF). Learning topics include the Dion Leadership Coaching Model, mindset, presence, powerful questioning, mindfulness, personal style, emotional intelligence, ethics, trust, communication, conflict management, change management, goal setting, accountability, and commitment to the coaching relationship.

Objectives

• Enable the acquisition and application of a range of coaching skills, techniques, and concepts that reflect established industry standards and competencies
• Improve self-knowledge as the foundation for skill building through assessments, personal coaching experiences, cohort relationships, and practice
• Define a point of view and personal commitment to coaching by creating an integrated plan to sustain growth and development as a coach

Benefits

• Holistic approach enables and reinforces the development of critical coaching competencies
• Skill-building supports participants' ability to both model and coach critical leadership skills
• Participants are prepared to test for ICF coaching certification upon completion

Assessments

• CLL360
• Everything DiSC Workplace Profile
• Thomas Kilmann Conflict Mode Instrument
• TalentSmart Emotional Intelligence Appraisal
• MRG Individual Directions Inventory

Format

Classroom-based: Six full-day workshops, 15 hours of individual coaching, with additional learning activities

See Also

Coaching for Leaders
COLLABORATING FOR ORGANIZATIONAL IMPACT

An increasingly complex and global workplace demands a more sophisticated approach to collaboration in order to achieve success. As organizations look to move from traditional structures to new delivery models, from fixed mindsets to a focus on growth and possibility, and from variability to consistency, the ability to collaborate between individuals, teams, and functions is critical. This program explores collaboration in an environment where goals, resources, and responsibilities may align or compete. Our proprietary model presents collaboration as a process, noting how it differs from cooperation and consensus and emphasizing the necessary skills. Participants will have an opportunity to practice new skills using business scenarios and plan for application when they return to the workplace.

Objectives

- Explore the requirements for collaboration and partnership in the modern workplace
- Identify and avoid the common barriers to effective collaboration
- Determine when and how to collaborate for impact
- Discuss and apply the DRIVE™ model of collaborating for impact
- Practice and apply effective collaboration skills and approach to real business scenarios

Benefits

- Defined steps that simplify the collaboration process are practical and applicable
- Opportunity to practice collaboration in a business scenario reinforces learning

Format

Classroom-based: Half day

<table>
<thead>
<tr>
<th>Supported Competency Focus Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-Awareness</td>
</tr>
<tr>
<td>Relating</td>
</tr>
<tr>
<td>Thinking</td>
</tr>
<tr>
<td>Working</td>
</tr>
<tr>
<td>Leading</td>
</tr>
<tr>
<td>Teaming</td>
</tr>
</tbody>
</table>
COMMUNICATING WITH IMPACT

As George Bernard Shaw famously said, “The single biggest problem in communication is the illusion that it has taken place.” We spend our workday exchanging messages with our colleagues and customers through words that are spoken and written as well as through our behaviors, often without giving these a second thought. However, communication is a complex process that is essential to the success of individuals, teams, and organizations. The ability to communicate in a way that is effective, concise, and appropriate is crucial at all levels of an organization, and thus it is a critical skill to examine and develop. Communicating with Impact combines the theoretical with the practical to present communication as an essential business tool that builds relationships, increases productivity, and underpins results when done effectively.

Objectives

- Explore communication as a process
- Practice the Three Vs of communication and assertive communication skills
- Explore and practice communication techniques, including active listening, questioning, and demonstrating empathy
- Identify barriers to effective communication
- Explore best practices for effective e-mail communication
- Develop team guidelines for use of various communication channels

Benefits

- Frequency and effectiveness of communication across the organization improves
- Skills for communicating clearly and effectively improve
- Rapport and trust grows between individuals and across teams as communication is enhanced
- Practical, impactful tools for improving communication are immediately applicable

Format

Classroom-based: Full day

See Also

Understanding Cultures for Effective Communication
CONFLICT MANAGEMENT

Every person faces conflict at work. When left unmanaged, conflict creates undue stress on the individual and a loss of productivity in the organization. What makes conflict negative or positive is the way in which it is handled. This course describes five styles of conflict and how to best use each mode based on the situation, and it informs participants of their own natural conflict mode. Participants will also apply Dion Leadership’s Healthy Conflict Model and learn practical tools to help them manage conflict in their own lives.

Objectives

- Define conflict
- Explain how conflict is healthy and necessary
- Describe the five styles of conflict
- Explain how your natural conflict style affects your approach to conflict
- Recognize the potential advantages and disadvantages of using different conflict modes in a given situation
- Apply Dion Leadership’s Healthy Conflict Model skills and behaviors

Benefits

- Understand your natural conflict style and how to best use it
- Have more productive conversations
- Solve problems more efficiently
- Build stronger relationships

Assessment

Thomas-Kilmann Conflict Mode Instrument

Format

Classroom-based: Full day or half day

See Also

Everything DiSC Productive Conflict
COURAGEOUS LEADERSHIP

Today’s complex business challenges frequently require leaders to act with courage. This program helps participants define and understand the importance of courage in a leadership context. Participants will explore the factors that enable or limit a leader’s ability to demonstrate courage in general and in the culture of their organization. They will reflect on their own mindset and behaviors and identify opportunities to break out of their “comfort zone” and act with greater courage in the workplace. The learning experience includes an opportunity for practice and concludes with action planning and personal commitment.

Objectives

- Define courageous leadership
- Explore factors that enable and limit your ability to act with courage
- Explore individual courageous leadership “zones”
- Identify opportunities to build courage capacity in yourself and others
- Apply courageous leadership practices
- Create a courage action plan

Benefits

- Leaders develop confidence to take risks, make decisions, and advocate for new ideas and innovation
- Opportunities for self-reflection and planning enable immediate application and impact
- Organizational culture shifts to accommodate a common understanding of courage in the workplace

Format

Classroom-based: Half day

See Also

Leading Teams
Coaching for Leaders
CRITICAL THINKING

Leadership surveys across a range of industries and disciplines consistently identify the ability to think critically as essential to success. Critical thinking underpins a range of responsibilities and actions that leaders take on every day, such as decision making, problem solving, strategic planning, innovating, and managing risk. As jobs and professional relationships are increasingly complex, and interconnectivity among departments means that even small decisions can have big impact, critical thinking skills are a key to both individual and organizational effectiveness.

Objectives

- Explore a critical-thinking framework for analyzing business issues
- Understand the hidden influences that affect thinking and decision quality
- Apply criteria to discern when a critical-thinking approach is required
- Explore the five decision styles and when to use them
- Review practical tools to apply to day-to-day business decisions and problems

Benefits

- Increased ability to identify and address the core issues that drive problems and decisions
- Increased effectiveness and confidence in approach and execution of decisions
- Increased awareness of personal tendencies and styles in situations that require critical thinking

Assessment

Decision Style Indicator (optional)

Format

Classroom-based: Full day or half day

See Also

Decision Making and Problem Solving
Making Better Decisions

<table>
<thead>
<tr>
<th>Supported Competency Focus Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-Awareness</td>
</tr>
<tr>
<td>Relating</td>
</tr>
<tr>
<td>Thinking</td>
</tr>
<tr>
<td>Working</td>
</tr>
<tr>
<td>Leading</td>
</tr>
<tr>
<td>Teaming</td>
</tr>
</tbody>
</table>

DION LEADERSHIP
DECISION MAKING AND PROBLEM SOLVING

This program teaches a systematic approach to making decisions and solving problems in the workplace. Participants will consider the qualities and tendencies of effective decision makers and problem solvers, both according to research and based on their own personal experience. Participants will also examine various decision styles and reflect on the effectiveness of their own preferred styles. Straightforward models and time-tested problem-solving tools are reviewed and applied to both case studies and personal situations.

Objectives

• Explore a framework for making decisions and solving problems
• Understand the hidden influences that affect thinking and decision quality
• Explore the five decision styles and when to use them
• Review practical tools to apply to day-to-day business decisions and problems

Benefits

• Increased ability to identify and address the core issues that drive problems and decisions
• Increased effectiveness and confidence when making decisions and solving problems
• Increased awareness of personal tendencies and styles when making decisions and solving problems

Assessment

Decision Style Indicator (optional)

Format

Classroom-based: Half day

See Also

Critical Thinking
Making Better Decisions
DELEGATING FOR SUCCESS

Every leader faces the challenge of achieving results through others. The ability to effectively delegate tasks and responsibilities is a key part of meeting that challenge. In this course, participants will examine their current attitudes toward and approaches to delegation. They will learn a process for delegating tasks and responsibilities that positions employees for success and will practice utilizing that process in a real-work situation. They will also explore the dynamics of accountability and learn the behaviors and practices that set the foundation for a culture of accountability on a team or in an organization.

Objectives

- Discuss the importance of delegation to the success of individuals, leaders, and teams
- Explore five stages of delegation and the steps that support successful delegation
- Review best practices that support success in delegation
- Create action plans to improve delegation-related skills and practices

Benefits

- Breaks down the delegation process into five distinct steps to follow in order to support success
- Emphasizes the benefits of effective delegation for both individuals and the organization
- Encourages efficient use of resources, employee development, and accountability

Assessment

Self-assessment (in participant guide)

Format

Classroom-based: Half day
Virtual: 2 hours (one 2-hour module)

See Also

Delegation and Accountability
Performance Management
DELEGATION AND ACCOUNTABILITY

The ability to delegate tasks and responsibilities to employees and hold them accountable for results is central to any leadership role. In both the classroom-based and virtual versions of this program, participants will examine practical, thoughtful approaches that promote effectiveness in both of these elements of managing performance. Self-assessments, individual reflection, group discussion, and scenario work are used to engage learners and build skills.

**Objectives**

- Discuss the importance of delegation and accountability to the performance of a team
- Explore five stages of delegation and the steps that support successful delegation
- Explore the accountability/victim dynamic
- Discuss accountability from the perspective of a leader and an employee
- Review best practices that support success in delegation and creating a culture of accountability on a team
- Create action plans to improve your skills and practices related to delegation and accountability

**Benefits**

- Emphasizes the benefits of effective delegation and the expectation of accountability for individuals and the organization

**Assessment**

Self-assessment (in participant guide)

**Format**

Classroom-based: Half day
Virtual: 2 hours (one 2-hour module)

**See Also**

- Accountability at Work
- Delegating for Success
- Performance Management
The practice of giving and receiving feedback often and well is of considerable benefit to both the individual and the organization. Despite its importance, the feedback process is often seen as daunting and potentially uncomfortable. This course addresses the apprehensions and motivations associated with feedback and presents the feedback process as invaluable, rewarding, and critical to cultivating a healthy workplace culture. It emphasizes the skills and best practices that promote a productive feedback experience, and it uses communication models and techniques that participants can use to plan and engage in their own feedback conversations.

**Objectives**

- Understand the reasons people avoid feedback situations
- Increase awareness of the importance of giving and receiving feedback often and well
- Learn skills to improve the ability to give and receive feedback at all levels of an organization
- Practice giving feedback using simple but effective models and techniques
- Create a plan to solicit feedback

**Benefits**

- Increased dialog across the organization, leading to surfacing and resolving problems
- Improved skills and tools that support the creation of a feedback culture at any organization
- Barriers to exchanging honest, clear, specific, actionable feedback are addressed and removed
- Feedback becomes a key to individual development and continuous improvement at all levels of the organization

**Format**

Classroom-based: Half day
Virtual: 4 hours (two 2-hour modules)

**See Also**

Performance Management
EMOTIONAL INTELLIGENCE

Although the range of competencies that define an effective leader is broad and varied, at the core is emotional intelligence. Emotional intelligence is the ability to recognize and manage your feelings and respond to the feelings and behaviors of others. This course explores how the elements of emotional intelligence—self-awareness, self-management, social awareness, and relationship management—are demonstrated in the workplace and how those competencies can be practiced and developed to increase a leader’s effectiveness.

Objectives

- Explore the behavior of effective and ineffective managers and leaders
- Understand the role of emotional intelligence in effective leadership
- Explore strategies for managing your emotions and those of others
- Practice and plan for improving your emotional intelligence

Benefits

- Presents emotional intelligence as a fundamental element of demonstrating the traits of an admired leader
- Allows opportunities to practice and plan for developing specific elements of emotional intelligence

Assessment

TalentSmart Emotional Intelligence Appraisal

Format

Classroom-based: Half day

See Also

Building Effective Relationships with Emotional Intelligence
Everything DiSC® Management teaches participants how to read the styles of the people they manage. The result is managers who adapt their styles to manage more effectively. This course focuses on your DiSC Management Style, directing and delegating, motivation, developing others, and working with your manager.

Objectives

- Discover your DiSC Management Style by completing an online assessment
- Recognize the DiSC styles of people you manage
- Identify strengths and challenges when directing and delegating
- Discover how your DiSC style affects the motivation of others and how to adapt
- Learn about your natural style of developing others and how to accommodate other style preferences using DiSC
- Learn how to modify your approach to meet the needs and preferences of your manager

Benefits

- A better understanding of yourself, your boss, and your employees
- Proven methods on how to adapt your management style to meet the needs of others

Assessment

Everything DiSC® Management Profile

Format

Classroom-based: Full day
EVERYTHING DISC® PRODUCTIVE CONFLICT

Everything DiSC® Productive Conflict teaches participants about their personal conflict management styles so that they can approach conflict situations in a productive way. Participants increase their self-awareness regarding productive and destructive conflict behaviors and learn how to effectively respond to conflict in the workplace. Dion Leadership’s full-day Productive Conflict course combines the DiSC content with a conflict model that breaks down a healthy conflict conversation and allows for planning, practice, and feedback.

Objectives

- Explore the destructive and productive conflict behaviors of each DiSC® style
- Understand how to manage their response to conflict situations
- Discover communication strategies when engaging in productive conflict with colleagues

Benefits

- Increased self-awareness of personal conflict behaviors
- Improved work relationships and productive conflict situations

Assessment

Everything DiSC® Productive Conflict Profile

Format

Classroom-based: Full or half day

See Also

Conflict Management
EVERYTHING DISC® SALES

Everything DiSC® Sales teaches participants how to read the styles of their customers. The result is salespeople who adapt their styles to connect better—and close more sales. This course focuses on three vital areas: Understanding your DiSC Sales Style, recognizing and understanding customer buying styles, and adapting your sales style to your customer’s buying style.

Objectives

- Discover your DiSC Sales style, priorities, strengths, and challenges
- Recognize and understand your customers’ buying styles
- Adapt your sales style to your customers’ buying styles

Benefits

- A better understanding of yourself and your customers
- Improved sales relationships

Assessment

Everything DiSC® Sales Profile

Format

Classroom-based: Full day

See Also

Conflict Management
EVERYTHING DISC WORK OF LEADERS®

Everything DiSC Work of Leaders is an integrated leadership program that focuses on building understanding, self-awareness, and skills to assist leaders in effectively leading a group or organization to achieve business outcomes. Based on the book The Work of Leaders by Julie Straw, Mark Scullard, Barry Davis, and Susie Kukkonen, this program uses best-practice research to teach the process most effective leaders follow. The program gives participants a fundamental language and clear framework for leading and supports behavioral change through teaching the skill sets required to increase business performance. This program focuses on the fundamental work of leaders: the process of creating a Vision, building Alignment around that vision, and championing Execution of the vision.

Objectives

• Learn about visioning, the drivers of visioning, and the best practices of visioning
• Increase awareness about current visioning behaviors and practice the skills that are needed for visioning
• Define alignment, discuss drivers of alignment, and share best practices
• Identify current alignment behaviors and practice skill-building activities
• Provide insight and receive insight from peers with regard to alignment
• Define execution, discuss drivers of execution, and share best practices
• Define the role of champion and related behaviors
• Identify current execution behaviors and practice skill-building activities to enhance your ability to execute
• Provide insight and receive insight from peers with regard to execution

Benefits

• A crafted vision of new possibilities for the future through exploration, boldness, and testing assumptions
• Proven method to communicate with clarity, engage in dialogue, and provide inspiration, so everyone is moving in the same direction
• Ability to champion execution through momentum, structure, and feedback to enable the group to make the vision a reality

Assessment

Everything DiSC Work of Leaders® Profile

Format

Classroom-based: 4 days
EVERYTHING DISC WORK OF LEADERS® FOUNDATION

Based on the book *The Work of Leaders* by Julie Straw, Mark Scullard, Barry Davis, and Susie Kukkonen, Everything DiSC Work of Leaders approaches leadership as a one-to-many relationship, and focuses on tangible steps directed at leading a group or organization toward desired outcomes. Using the framework of Vision, Alignment, and Execution, Work of Leaders encourages leaders to understand their own leadership behaviors and how they impact their effectiveness. A rich, compelling narrative adds depth to the data and strong visuals support the learning process by illustrating key messages.

**Objectives**

- Discover the Work of Leaders process
- Learn about the three drivers of Vision and discover how to approach each driver
- Learn about the three drivers of Alignment and discover how to approach each driver
- Learn about the three drivers of Execution and discover how to approach each driver
- Explore personal strengths and challenges and create an action plan for improvement

**Benefits**

- A better understanding of your own leadership behaviors and how these behaviors impact your effectiveness
- Personalized tips and strategies that give clear direction and are easy to apply

**Assessment**

Everything DiSC Work of Leaders® Profile

**Format**

Classroom-based: Full day
Everything DiSC Workplace® can be used with everyone in an organization, regardless of title or role, to improve the quality of the workplace. Using online pre-work, engaging facilitation with contemporary video, and online follow-up, the result is a personalized learning experience. Participants understand and appreciate the styles of the people they work with. The result is more effective and productive working relationships.

**Objectives**

- Discover your DiSC Style
- Understand other styles
- Build more effective relationships

**Benefits**

- A better understanding of yourself and those you work with
- A discovery of the similarities and differences among the DISC styles

**Assessment**

Everything DiSC Workplace® Profile

**Format**

Classroom-based: Half day

---

**Supported Competency Focus Area**

<table>
<thead>
<tr>
<th>Supported Competency Focus Area</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-Awareness</td>
<td>●</td>
</tr>
<tr>
<td>Relating</td>
<td>●</td>
</tr>
<tr>
<td>Thinking</td>
<td>●</td>
</tr>
<tr>
<td>Working</td>
<td>●</td>
</tr>
<tr>
<td>Leading</td>
<td>●</td>
</tr>
<tr>
<td>Teaming</td>
<td>●</td>
</tr>
</tbody>
</table>
EVERYTHING DISC WORKPLACE® CERTIFICATION

This program provides facilitators and coaches with the skills they need to competently and confidently deliver the Everything DiSC Workplace program. Whether they utilize Everything DiSC Workplace in the classroom or as part of a one-on-one coaching session, facilitators at all levels have much to gain from becoming certified in the program. The certification workshop combines online prework with classroom learning to prepare participants to administer and discuss DISC results with individuals and teams.

Objectives

- Gain expertise in the Everything DiSC® model and the supporting research
- Develop the ability to use (e.g., facilitate, debrief, coach) the Everything DiSC Workplace® reports
- Learn to customize the program to meet the needs of an individual, team, or organization

Benefits

- A better understanding of yourself and those you work with
- A discovery of the similarities and differences among the DiSC styles

Assessment

Everything DiSC Workplace® Profile

Format

Classroom-based: 2 days

See Also

Conflict Management
EXERCISING INFLUENCE

The ability to influence others is an essential skill for both established and emerging leaders in the workplace. This program explores two primary influence orientations and five unique influencing styles that allow leaders to make connections, gain buy-in and support, promote ideas, maximize opportunities for collaboration and cooperation, and get results. Participants use the Influence Style Indicator assessment to determine which of these styles is most dominant for them, which are preferred, and which are underutilized, all of which is summarized in a personalized feedback report. This personalized report addresses individual strengths and challenges, explains how to address underutilized styles, and provides tips for utilizing influence effectively.

Objectives

- Explore two primary influence orientations and five unique influencing styles
- Identify primary and secondary circles of influence
- Examine the roles of trust and credibility in exercising influence
- Understand individual strengths and challenges for exercising influence
- Learn strategies for applying the range of influencing styles as situationally appropriate

Benefits

- Increased individual and organizational effectiveness
- Enhanced working relationships
- Actionable strategies for increasing the ability to exercise influence

Assessment

Influence Style Indicator

Format

Classroom-based: Full or half day

See Also

Building Effective Relationships with Emotional Intelligence
THE FIVE BEHAVIORS OF A COHESIVE TEAM™

Through the use of activity, video review, and discussion, an intact team is led through the powerful Five Behaviors of a Cohesive Team™ model, learning and practicing the behaviors that will make the team more cohesive and improve its performance. This workshop improves participants’ abilities to apply the Five Fundamentals, which build on one another to create a strong team: building trust, mastering conflict, achieving commitment, embracing accountability, and focusing on results.

Objectives

- Discover the value of a cohesive, functional team
- Become familiar with the five behaviors of a cohesive team
- Review team’s summary ratings

Benefits

- Obtain practical advice for overcoming the obstacles that prevent teamwork in the office
- Learn what it takes for a team to become cohesive
- Learn how to improve team effectiveness through strengthened leadership roles

Assessment

The Five Behaviors of a Cohesive Team™ assessment

Format

Classroom-based: 2 days

See Also

The Five Behaviors—Personal Development
Leading Teams
THE FIVE BEHAVIORS—PERSONAL DEVELOPMENT

This program focuses on making individuals better teammates using the team-development process described in Patrick Lencioni’s best-selling book *The Dysfunctions of a Team*. Anchored in individual assessments based on the Everything DISC model, The Five Behaviors—Personal Development helps individuals better understand and internalize the principles of The Five Behaviors of a Cohesive Team and provides a common language that can be used in organizations. Through individual work, video review, and group discussion, participants build a level of self-awareness and skill that will enhance personal effectiveness as team members.

Objectives

- Learn about The Five Behaviors of a Cohesive Team® model and why it matters
- Learn about individual tendencies for each of the five behaviors
- Take steps to start becoming a better teammate

Benefits

- Obtain practical advice for improving the ability to work in a team setting
- Learn how to support the behaviors that lead to team cohesiveness
- Because the program is designed specifically for individuals, participants do not need to be part of the same team

Assessment

The Five Behaviors Personal Development assessment

Format

Classroom-based: Half day

See Also

- The Five Behaviors of a Cohesive Team
- Leading Teams
THE GREAT WORKPLACE

Based on many years of research and training conducted at the Great Place to Work® Institute—producers of the FORTUNE 100 Best Companies to Work For® Annual List—The Great Workplace: Building Trust and Inspiring Performance Workshop provides managers with a set of powerful, effective exercises that will help them understand the conceptual and practical considerations of creating a high-trust work environment.

Objectives

- Define a Great Place to Work
- Assess how your behavior creates or detracts from your ability to create a high-trust environment
- Analyze best practices for each of the five dimensions in the Great Place to Work Model and consider whether those practices are reflected in your own teams and organizations
- Review and discuss case studies of specific organizations that use best practices

Benefits

- An understanding of the essential elements of a Great Place to Work®, especially the crucial role of trust
- An understanding of the key role that managers play in building a great workplace
- Identify opportunities for ways managers can make change within their scope of responsibility
- Tools that can be used to make a positive impact in improving the workplace

Assessment

The Great Workplace Self-Assessment (available in paper or online version)

Format

Classroom-based: Full day
IMPACTFUL PRESENTATIONS

Whether giving a presentation is an occasional task or a routine responsibility, leaders are expected to shine while informing, educating, or making a case in front of an audience. Presentation skills increase a leader’s influence. This course teaches participants how to develop and deliver a presentation that is impactful and compelling, no matter its purpose. Participants will learn how to plan and organize a presentation and apply best practices for engaging an audience, utilizing visuals, maintaining an appropriate energy level, and making a call to action.

Objectives

- Understand the benefits of making presentations effective and engaging
- Apply a four-step process for creating a presentation
- Explore approaches for effectively preparing and structuring your presentation
- Practice techniques for delivering clear, confident presentations
- Learn strategies for engaging an audience and managing challenging situations
- Create an action plan for applying techniques, practices, and insights

Benefits

- Imparts an understanding of how to create variety, interest, and emphasis in presentations
- Presents a structured approach to developing a powerful presentation
- Addresses techniques for handling tough questions and troublemakers

Assessment

Influence Style Indicator

Format

Classroom based: Full day
Inclusion in the Workplace

Inclusion has become a priority for many organizations, for good reason: companies that adopt inclusive practices outperform those who do not. Inclusion means actively involving every employee’s ideas, knowledge, perspectives, approaches, and styles to maximize individual and business success. Dion Leadership’s Inclusion in the Workplace program allows participants to explore inclusion as an important element of organizational success, and to review the characteristics and best practices of inclusive leaders and organizations. Participants discuss the nature and impact of unconscious bias on behavior and learn ways to mitigate its effects. Finally, participants leave with an action plan for increasing their own effectiveness as inclusive leaders.

Objectives

- Define the concept of inclusion in the workplace
- Discuss the workforce trends and realities that make inclusion an important element of organizational success
- Explore the nature and impact of unconscious bias on behavior
- Review the characteristics and best practices of inclusive leaders and organizations
- Create action plans for increasing effectiveness as inclusive leaders

Benefits

- Increased awareness of the role and impact of inclusion on individuals, teams, and the organization
- Increased self-awareness of personal biases and tendencies and how they affect workplace behavior, so that these can be monitored and addressed
- Practices for improving inclusivity are immediately applicable and impactful

Assessment

Self-assessment (in participant guide)

Format

Classroom-based: Half day or full day

See Also

Understanding Cultures for Effective Communication
INTERVIEWING WITH CONFIDENCE

In any organization, selecting the right person for the right job is a challenge. Successfully meeting that challenge helps your organization keep turnover low, keep morale high, and achieve results. Leaders can take the first step in that direction by conducting candidate interviews effectively and with confidence. This class teaches participants how to assess the competencies necessary to be successful in a job and how to ask appropriate, targeted interview questions that elicit meaningful responses.

Objectives

- Discuss the interview process
- Explore the importance of clarifying needs and competencies
- Explain various questioning techniques using the STAR technique
- Explore legal issues, topics to avoid, interviewing pitfalls, and documentation best practices
- Practice and get feedback on interview techniques

Benefits

- A targeted approach to determining competencies and fit
- A proven process for conducting interviews
- Legal dos and don’ts of questions you can and cannot ask in an interview

Format

Classroom-based: Half day

<table>
<thead>
<tr>
<th>Supported Competency Focus Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-Awareness</td>
</tr>
<tr>
<td>Relating</td>
</tr>
<tr>
<td>Thinking</td>
</tr>
<tr>
<td>Working</td>
</tr>
<tr>
<td>Leading</td>
</tr>
<tr>
<td>Teaming</td>
</tr>
</tbody>
</table>
THE LEADERSHIP CHALLENGE

Based on the bestselling and award-winning book *The Leadership Challenge* by James M. Kouzes and Barry Z. Posner, this workshop demystifies leadership development and approaches it as a measurable, learnable, and teachable set of behaviors. It establishes a unique underlying philosophy that leadership is everyone’s business.

**Objectives**

- Establish principles concerning the way people (constituents, peers, colleagues, and customers alike) should be treated
- Create a vision that inspires others
- Learn to search for opportunities by seizing the initiative and looking outward for innovative ways to improve
- Discover ways to collaborate by building trust and facilitating relationships
- Recognize contributions by showing appreciation for individual excellence

**Benefits**

- Proven methods that lead to effective leadership behaviors
- An inspired vision to be shared with colleagues
- Best practices for collaboration and recognition

**Assessments**

- Leadership Practices Inventory (LPI) – Self and Observers
- LPI 360 (online version, includes self-assessment and unlimited observer assessments)

**Format**

Classroom-based: 2 days
In today's workplace, it is common to find four generations represented in the employee population. This multigenerational environment presents both challenges and opportunities for managers as they work to keep all employees engaged, motivated, and performing at a high level. Leading Across Generations explores the behaviors, work habits, values, cultural expectations and other styles and preferences employees of all ages bring to their professions, affecting how they communicate, interact, and learn both as individuals and in teams. This program also shows managers how to move beyond stereotypes and labels to cultivate a dynamic of inclusiveness and respect for the strengths that workers from all generations bring to the organization.

**Objectives**

- Explain the various generations found in the modern workplace
- Discuss the historical and cultural touchstones that have shaped each generation and how those experiences shape workplace behavior
- Understand the dangers of generalizations, assumptions, and stereotypes
- Discuss changes in priorities and sources of motivation throughout an individual’s career arc
- Examine ways to leverage individual strengths and values as opportunities

**Benefits**

- Improved engagement of workers of all ages
- Increased awareness and sensitivity to generational differences in the workforce
- Enhance innovation, problem-solving, and interpersonal relationships
- Improved productivity
- Supports workforce retention

**Assessment**

Self-assessment (in participant guide)

**Format**

Classroom-based: Full day

**See Also**

Inclusion in the Workplace
LEADING IN A MATRIX

Leading in a matrix organization presents unique demands and challenges. Without effective leadership in this highly complex environment, the competition for resources and a lack of role clarity can jeopardize accountability and trust. Success in a matrix requires particular attention to certain key skills, including collaboration, decision making, conflict resolution, communication, influence, and performance management, often applied in new ways. In this program, participants will explore the matrix structure, its function and importance, and its impact on how individuals work and how leaders get results.

Objectives

- Define what it means to lead in a matrix
- Examine the challenges and benefits of leading in a matrix
- Explore the key leadership shifts required for success
- Discover best practices for organizational impact
- Practice key skills for successful matrix leaders
- Create a leadership action plan

Benefits

- Intimidation and skepticism about leading in a matrix structure is addressed and mitigated
- Emphasis on applying existing competencies and skills in new ways demystifies the matrix structure
- Application of discoveries and best practices result in immediate organizational impact

Assessment

Self-assessment (in participant guide)

Format

Classroom-based: Half day

Supported Competency Focus Area

<table>
<thead>
<tr>
<th>Focus Area</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-Awareness</td>
<td>●</td>
</tr>
<tr>
<td>Relating</td>
<td>●</td>
</tr>
<tr>
<td>Thinking</td>
<td></td>
</tr>
<tr>
<td>Working</td>
<td>●</td>
</tr>
<tr>
<td>Leading</td>
<td>●</td>
</tr>
<tr>
<td>Teaming</td>
<td>●</td>
</tr>
</tbody>
</table>
LEADING TEAMS

Dion Leadership’s Leading Teams program presents a foundation for success upon which a leader can develop a personal leadership style. Based on the powerful Five Behaviors of a Cohesive Team™ model, this course will position leaders to focus on and foster the behaviors that will make the team more cohesive and improve its performance. Participants will learn the role of a team leader in enabling their team to build trust, master conflict, achieve commitment, embrace accountability, and focus on results. This unique take on the Five Behaviors model presents strategies and practices that support a leader’s efforts to build these behaviors and allows for reflection and planning according to each participant’s needs.

Objectives

• Discuss the characteristics of a successful leader
• Examine five behaviors that underlie team cohesiveness and performance
• Explore leadership strategies that support each of the behaviors

Benefits

• Utilizes a model that simple but robust
• Skills and practices are applicable to leaders of any type of team

Assessment

Self-assessment (in participant guide)

Format

Classroom-based: Half day
Virtual: 4 hours (two 2-hour sessions)

See Also

The Five Behaviors of a Cohesive Team
LEADING VIRTUAL TEAMS

Leading Virtual Teams addresses the challenges and opportunities presented to managers, teams, and organizations when direct reports and other colleagues are spread across disparate work locations. Participants will learn to leverage the dynamics and characteristics of high-performing teams in the context of remote-worker situations. The course considers a range of factors, including culture, company policies, and leadership styles and preferences, and incorporates situational and scenario-based learning activities that allow participants to apply best practices. Participants will leave the course with an action plan they can apply immediately to improve their effectiveness by optimizing team relationships and the productivity of all workers, whether they are in the next cube, the next county, or the next time zone.

Objectives

- Discuss the challenges of managing virtual team members, including team- and organization-specific challenges
- Explore the dynamics of high-performing teams in the context of virtual/remote-worker situations
- Explore best practices specific to addressing the challenges of leading virtual teams
- Develop an action plan for implementing best practices that will optimize team relationships and productivity

Benefits

- Increased self-awareness of leader attitudes and biases that may compromise effectiveness
- Improved team communication, trust, and engagement
- Increased ownership and accountability among leaders for optimizing team effectiveness

Assessment

Self-assessment (in participant guide)

Format

Classroom-based: Half day
Virtual: 4 hours (two 2-hour sessions)

See Also

Understanding Cultures for Effective Communication
MAKING BETTER DECISIONS

The health and success of any organization depends on the ability of its leaders and managers to make sound, impactful, confident decisions. This program supports this critical skill by presenting a system to guide the decision-making process. Participants get a view of their current skills and preferences through the Decision Style Profile, a management assessment tool that provides guidance on how to choose the most effective and appropriate decision-making styles for given situations. The assessment evaluates the appropriateness with which respondents include others in the decision-making process and the extent to which respondents consider five critical decision factors in their decision process. A personalized report compares the participant’s chosen decision-making styles to the most appropriate styles.

Objectives

• Examine and apply five decision-making styles and factors
• Understand when to include others in the decision-making process
• Discuss how improved decision-making affects an organization’s bottom line
• Learn a uniform system to guide the decision-making process
• Discover weaknesses in decision-making skills and how to strengthen them

Benefits

• Supports improved speed and quality of organizational decisions
• Supports improved self-awareness using Decision Style Profile results
• Presents a proven, results-oriented process for making decisions

Assessment

Decision Style Profile®

Format

Classroom-based: 2 hours

See Also

Critical Thinking

Supported Competency Focus Area

<table>
<thead>
<tr>
<th>Self-Awareness</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Relating</td>
<td></td>
</tr>
<tr>
<td>Thinking</td>
<td>●</td>
</tr>
<tr>
<td>Working</td>
<td>●</td>
</tr>
<tr>
<td>Leading</td>
<td>●</td>
</tr>
<tr>
<td>Teaming</td>
<td>●</td>
</tr>
</tbody>
</table>
MINDSET FOR LEADERS

Mindset is a critical element of a leader’s success. Skill building only translates to behavior change when filtered through a healthy mindset. It determines the way we think about, approach, and interpret situations in the workplace and directly influences the quality of our actions, decisions, and relationships. Cultivating a mindset that enhances effectiveness and enables success must be a priority for any genuine leader. This course enables participants to examine the leadership mindset as a concept (e.g., fixed vs. growth), as a manifestation of their personal values and experiences, and as the product of organizational culture. Participants also consider the impact of their mindset as a leader on individuals and the organization, and they conclude by crafting a galvanizing, powerful, and personal mindset statement.

Objectives

- Deeply explore the concept of the leadership mindset and its impact on individuals and organizations
- Connect the dimensions of the leadership mindset to personal values and organizational competencies
- Synthesize learnings and individual insights to craft a personal mindset statement

Benefits

- Increased self-awareness
- Improved effectiveness, productivity, and engagement
- Better relationships and organizational culture

Assessment

Self-assessment (in participant guide)

Format

Classroom-based: 1 day
The Myers-Briggs Type Indicator® (MBTI) is a nonjudgmental instrument that helps individuals and teams to understand themselves and others in a way that is value-oriented versus evaluative. MBTI provides an indication of preferences. The preferences refer to gathering energy or processing thoughts; being detail-oriented versus big-picture-focused in gathering information; being objective or subjective in decision-making; and being structured or go-with-the-flow in orienting one’s lifestyle. In this course, participants will complete a 95-question instrument and identify a four-letter MBTI type. Participants will receive a personalized report based on their responses.

Objectives

- Value individual preference types
- Integrate this information into how we work as a team and with others
  - Conduct meetings more effectively
  - Resolve conflicts effectively
  - Break workflow bottlenecks
  - Further our careers
  - Reduce stress levels
  - Make better decisions
  - Increase communication effectiveness
- Implement a strategy to build team appreciation and productivity

Benefits

- A greater understanding of why we do the things we do
- Techniques for working with other MBTI preference types
- Understanding of MBTI and team dynamics

Assessment

Myers-Briggs Type Indicator®, Self-Scorable Form M

Format

Classroom-based: Full day or half day

Note: Myers-Briggs Type Indicator®, MBTI, the MBTI logo, and Introduction to Type are trademarks or registered trademarks of the Myers-Briggs Type Indicator Trust in the United States and other countries.
PERFORMANCE MANAGEMENT

In this full-day course, participants will learn what effective performance management looks like in the modern workplace and why it’s necessary for setting their employees up for success. Using Dion Leadership’s SOAP model, participants will take a deep dive into the four steps in executing an impactful performance-management process. Participants will learn how to set and align goals, observe behavior to get results, assess and evaluate performance, and provide feedback and establish next steps. This course also emphasizes the skills and best practices that promote a productive feedback experience and uses a simple model and actionable techniques that participants can use to plan and engage in successful feedback conversations as part of their performance-management process.

Objectives

• Discuss how and why organizations are evolving their approach to managing performance

• Explore an approach to setting goals and objectives that support those of the larger organization

• Write SMART goals

• Discuss and apply the SOAP model of managing performance

• Improve the ability to give performance feedback at all levels

Benefits

• Clearly defined performance-management process for use immediately following the classroom

• Hands-on practice executing the performance-management process through role plays and case studies

• Simple but effective model for giving feedback enables more effective communication and clarity on performance strengths and deficits

Format

Classroom-based: Full or half day

See Also

Effective Feedback
Dion Leadership’s Teams and Trust course combines the framework of Peter Lencioni’s Five Behaviors of a Cohesive Team™ model with the teachings of Charlie Green, the author of three best-selling books about trust. Lencioni emphasizes trust as the first and foundational of the Five Behaviors; Green’s research, as outlined in Trust-Based Selling and The Trusted Advisor, examines trust as a fundamental element of the manager/employee relationship. The course includes a detailed self-assessment used as a diagnostic tool for leaders to understand their natural styles and how they align with the critical behaviors that build trust. It also prepares leaders to build upon trust to facilitate other key team behaviors.

**Objectives**

- Analyze the Trust Quotient Assessment to identify personal strengths and areas for trust development
- Explore how to create an environment of trust-based leadership by demonstrating credibility, reliability, intimacy, and self-orientation
- Explore aspects of leading cohesive teams to build trust, master conflict, achieve commitment, embrace accountability, and focus on results

**Benefits**

- Enables leaders’ understanding of their natural leadership style
- Provides tools for building trust with colleagues and direct reports

**Format**

Classroom-based: Full day

**Assessment**

Trust Quotient Assessment

**Supported Competency Focus Area**

| Self-Awareness |  ● |
| Relating       |  ● |
| Thinking       |    |
| Working        |    |
| Leading        |  ● |
| Teaming        |  ● |

**See Also**

The Five Behaviors of a Cohesive Team

Leading Teams
TIME MASTERY

This program teaches skills and strategies for efficiently managing time and organizing work. Strategies learned include planning, note-taking, prioritizing, scheduling, responding when the day doesn’t go as planned, organizing the desk, and handling paper documents and e-mail messages.

The Time Mastery Profile® completed during class will assess time mastery in twelve dimensions. Improving time management capabilities often requires a change in habits. Participants will identify the habits that need changing and develop an action plan based on the lessons learned in the session.

Objectives

- Define time management
- Assess your mastery level on 12 time management dimensions
- Plan using a three-step process
- Identify time wasters and what to do about them
- Prevent and control interruptions
- Organize your paperwork and e-mails

Benefits

- Efficiency in managing time and organizing workflow
- Increased productivity
- Creation of an action plan for immediately increasing time mastery

Assessment

Time Mastery Profile®

Format

Classroom-based: Full day
Trust-Based Leadership is a comprehensive, one-day workshop designed for frontline and middle managers in leadership positions. This program was created by one of the most influential writers and researchers on trust, Charlie Green. Charlie has written three best-selling books about trust, including Trust-Based Selling and The Trusted Advisor. His latest research applies trust to the manager/employee relationship. The course includes a detailed self-assessment used as a diagnostic tool for leaders to understand their natural styles and how they align with the key behaviors that build trust.

**Objectives**

- Define the difference between trusting and being trustworthy
- Create an environment of trust-based leadership and demonstrate credibility, reliability, intimacy, and self-orientation
- Analyze the Trust Quotient assessment to identify personal strengths and areas for trust development
- Apply five skills that build trust: listening, risk-taking, partnership, improvising, and self-awareness
- Implement a personal plan for building trustworthiness

**Benefits**

- An understanding of your own natural leadership style
- Tools to build trust with those who work for you and with you

**Assessment**

Trust Quotient Assessment

**Format**

Classroom-based: Full day

**Supported Competency Focus Area**

<table>
<thead>
<tr>
<th>Focus Area</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-Awareness</td>
<td>●</td>
</tr>
<tr>
<td>Relating</td>
<td>●</td>
</tr>
<tr>
<td>Thinking</td>
<td></td>
</tr>
<tr>
<td>Working</td>
<td></td>
</tr>
<tr>
<td>Leading</td>
<td>●</td>
</tr>
<tr>
<td>Teaming</td>
<td>●</td>
</tr>
</tbody>
</table>

**See Also**

Teams and Trust
UNDERSTANDING CULTURES FOR EFFECTIVE COMMUNICATION

As the world flattens and our multicultural workplaces expand, cultural competence is one of the most valuable business skills we can acquire. Culture underpins how individuals present themselves in the workplace, and knowledge of culture is critical to improving communication and relationships among our colleagues and customers. This program provides a basic understanding of culture and the specific behaviors that culture affects, particularly in a business setting. Participants will be introduced to the characteristics, values, and behaviors of high-context vs. low-context cultures and have the opportunity to practice navigating communication situations with each of these groups. Participants will also learn and apply best practices for effective cross-cultural communication, identify barriers to cross-cultural communication, and reflect on their personal cultural characteristics as well as those of their organization.

Objectives

- Define culture
- Describe how culture affects behavior
- Compare high-context/relationship-based cultures with low-context/rules-based cultures in a business setting
- Explore strategies for effective cross-cultural communication
- Explain how respecting cultural differences can lead to a reconciliation of differences

Benefits

- Techniques for “reading between the lines”
- An understanding of the general cultural assumptions and expectations of others
- Skills for bridging various communication styles
- The ability to communicate respect and empathy to global counterparts

Format

Classroom-based: Half or full day

See Also

Communicating with Impact
Inclusion in the Workplace
WOMEN’S LEADERSHIP PROGRAM

Dion Leadership’s Women’s Leadership Program is a multifaceted, cohort-based learning experience that provides targeted opportunities for personal discovery, skill development, and relationship building. Participants gain deep and meaningful insight into their personal effectiveness through 360 feedback, which provides a foundation for creating actionable development goals. Discussions of gender differences in the workplace and modules on conflict, influence, accountability, and courageous leadership provide challenging perspective and build essential skills. Participants will also learn strategies for growing their professional networks and practice methods of self-care and mindfulness. Personal development planning is supported beyond the session with opportunities for individual coaching.

Objectives

- Explore professional and personal roles and goals in a supportive, challenging, and inspiring forum
- Examine 360 feedback to gauge personal effectiveness and identify opportunities for development
- Review methods of modeling and cultivating accountability and exercising influence as a leader
- Explore and optimize personal conflict behaviors with Everything DiSC Productive Conflict
- Practice mindfulness and methods of self-care that help manage stress and improve mental and physical wellness
- Examine courage as an essential aspect of leadership
- Create focused and actionable development plans that improve personal effectiveness

Benefits

- Targets key learning and networking needs of women leaders
- Facilitates development of peer-to-peer support networks
- Personalized feedback and coaching facilitate individualized growth

Assessments

- CCL 360
- Everything DiSC Productive Conflict

Format

Three days
Start every day excited
and end every day accomplished.

dionleadership.com