

THE COACHING INTENSIVE

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Dion Leadership's Coaching Intensive is a comprehensive, integrated approach to preparing leaders as coaches within their organizations. This six-part workshop series combines assessments, individual coaching, self-study and reflection, and coaching practice. Participants gain critical knowledge, insights, and skills that align with the competencies of the International Coach Federation (ICF). Learning topics include the Dion Leadership Coaching Model, mindset, presence, powerful questioning, mindfulness, personal style, emotional intelligence, ethics, trust, communication, conflict management, change management, goal setting, accountability, and commitment to the coaching relationship.

Objectives

- Enable the acquisition and application of a range of coaching skills, techniques, and concepts that reflect established industry standards and competencies
- Improve self-knowledge as the foundation for skill building through assessments, personal coaching experiences, cohort relationships, and practice
- Define a point of view and personal commitment to coaching by creating an integrated plan to sustain growth and development as a coach

Benefits

- Holistic approach enables and reinforces the development of critical coaching competencies
- Skill-building supports participants' ability to both model and coach critical leadership skills
- Participants are prepared to test for ICF coaching certification upon completion

Assessments

- 360 Assessment
- Everything DiSC Workplace Profile
- Thomas Kilmann Conflict Mode Instrument
- EQ-i 2.0
- MRG Individual Directions Inventory

Delivery

Classroom Six full-day workshops, 15 hours of individual coaching, with additional learning activities

See Also

Coaching Skills for Leaders



= Classroom



= Virtual



= Blended

DION LEADERSHIP