

COACHING SKILLS FOR LEADERS

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Dion Leadership's Coaching Skills for Leaders program readies leaders to demonstrate the skills, ideals, and best practices needed to evolve their management style to include coaching. A leadership coach is a “thinking partner” whose specific purpose is to support the development of an individual’s personal and professional potential. The concepts of mindset, trust, and presence are examined in the context of Dion Leadership’s cognitive behavioral learning based coaching process. Participants learn and practice important coaching techniques and engage in self-reflection. Proven techniques for coaching challenging people are also discussed.

Objectives

- Define coaching and its role in a professional environment
- Compare and contrast coaching and mentoring
- Impart a coaching mindset
- Learn cognitive behavioral learning theory and approaches
- Explore active listening and powerful questioning as key coaching skills
- Enable reflection and identification of coaching skills to be developed

Benefits

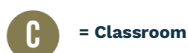
- Managers are able to more powerfully and sustainably develop their staff
- Employees will feel more empowered and engaged being led by a coach-style leader
- Targeted skill-building enables and reinforces the development of critical coaching competencies
- Approach supports participants’ ability to both model and coach critical leadership skills

Delivery

Classroom 1 or 2 days

See Also

The Coaching Intensive



= Classroom



= Virtual



= Blended

DION LEADERSHIP